

GOALS AND OBJECTIVES

North Carolina Association of Student Councils, Inc. Summer Leadership Workshop

Students will increase their effectiveness in the following areas:

COMMUNICATION SKILLS

Students will have the opportunity to improve their:

1. Speaking and listening skills in small and large groups.
2. Poise and confidence while working in groups.
3. Understanding of the value of public relations.
4. Awareness of the importance of maintaining a positive social media presence.

GROUP PROCESSES

Students will have the opportunity to increase their understanding of:

1. Group processes and dynamics.
2. Different leadership styles.
3. Goal setting, decision-making techniques and conflict resolution.
4. The importance of identifying and utilizing available resources.
5. Evaluation and debriefing techniques.

LEADERSHIP SKILLS

Students will have the opportunity to gain an understanding of:

1. The essential elements necessary in planning, conducting and evaluating meetings.
2. The essential project planning strategies for organizing school activities and events.
3. Task analysis, time management and problem-solving skills.
4. The value of delegation and accountability.
5. Respect for established procedures, chain of command, legal parameters and financial management.

SELF-AWARENESS

Students will have the opportunity to increase their:

1. Self-esteem and self-concept.
2. Personal goal setting and self-reflection skills.
3. Assertiveness, positive risk taking, conflict resolution abilities and time management techniques.
4. Coping skills and self-care related to stress, failure and success and dealing with criticism and praise.

HUMAN RELATIONS SKILLS

Students will have the opportunity to increase their understanding of:

1. Effective strategies for confronting harassment, intimidation and bullying behaviors.
2. The values of positive reinforcement, trust and honest communication.
3. Strategies that promote respect and acceptance of others and the value of honoring differences.
4. Skills used to develop positive school and community climates.
5. Disengaged students and ways to increase their sense of belonging.
6. Good sportsmanship and methods by which it can be generated.