

2019 NCASC Summer Leadership Workshop

June 18, 2019

Dear Delegate:

I hope you are ready for the **2019 North Carolina Student Council Leadership Workshop at Mars Hill College, July 8-12. Our theme will be "Premiere Leadership."**

The purpose of this workshop is to learn and practice leadership skills.

This workshop will perhaps be different from any in which you have ever participated. As stated by a student member of our Workshop Planning Committee: *"Mars Hill is an extraordinary learning experience."* **We do not schedule activities that you have done a thousand times and/or can do at home.** Each activity and segment of the program has a purpose and an objective. There is a reason for everything you will do. Please come to the workshop with a positive attitude and a willingness to participate in all activities and to be a fully-engaged team player.

You are reminded of your responsibility to the school you represent. We will have fun, while we work. The week will introduce you to new people, new ideas, and new experiences. The workshop schedule will include activities that you can carry back home for implementation next year. We have always had the highest caliber of student attending this workshop and we expect another successful workshop this summer. **It is legendary at Mars Hill that delegates are taught how to behave appropriately in various situations and to exude "class" in everything they do.** Come with the knowledge that you will learn and practice time-tested, old-fashioned, "legendary" skills that will strengthen your foundation for surviving and leading in the technologically-based, ever-changing 21st century.

We have a minimum of rules and policies, however, **we do expect adherence to workshop regulations (see back)**. The Workshop Committee reserves the right to take appropriate action should any delegate not comply with these regulations, with the possibility of that person being sent home and his/her parents and principal being notified. Your junior counselor will review our "common sense" regulations on Monday evening.

Please read this Advance Information Packet carefully. It contains important information you need to know before you arrive at Mars Hill University on Monday – July 8 between 2:00-4:00 pm.

The packet also contains information that further outlines our expectations as well as information you need to make your workshop experience an enjoyable one.

I am looking forward to meeting and working with you.

Warm regards,

Colby Cochran, Workshop Director
4800 Roberta Road
Concord, North Carolina 28027

Cell / Text: 704-798-2827
Home: 704-782-4488

colbycochran53@gmail.com

For additional information, visit: www.ncasc.us

Click on the Summer Workshop tab

The Guidelines

Staff members will review our “common sense” guidelines with you. However, a few things need to be understood from the beginning.

- 1 Delegates are required to attend all scheduled events in their entirety unless excused by an adult staff member. In case of illness or injury, delegates must notify a staff member immediately.
- 2 Delegates must stay on campus for the duration of the workshop. Any exception must be approved by an adult staff member.
- 3 The use or possession by delegates of illegal substances is not permitted. Period.
- 4 Delegates may not go on the dorm floors of the opposite sex except during scheduled check-in and check-out times.
- 5 Delegates must wear their name tag at all times. They serve as our meal ticket and help others to know who you are and enable them to call you by name.
- 6 Delegates are asked to cooperate immediately with directions of staff members. Some things must simply be done a certain way, at a certain time by everybody. Some things are not open to debate or discussion. Being a follower when appropriate is a mark of a good leader.
- 7 As guests of Mars Hill University everyone is expected to observe campus policies and treat the facilities as if they were owned by you. Be aware that we are not the only group on campus...and that noise “carries in the hills.”
- 8 As leaders delegates must conduct themselves in a manner that will reflect positively on themselves, their families and their schools.
- 9 Cell phones and other communication devices are to be turned off and kept out of sight or left in your room during scheduled activities, as directed.
- 10 Student safety is very important. If at any time an incident occurs that makes you feel threatened, harassed, or intimidated, you must tell an adviser or staff member.

Delegates who do not comply with these and other guidelines as outlined by staff members may be asked to leave the workshop at their own expense.

In past years our delegates have been extremely cooperative and mature in following these basic guidelines. Thank you in advance for helping us to have a good week.

2019 GENERAL INFORMATION FOR STUDENT DELEGATES AND ADULT ADVISERS

Read carefully – Info on dorms and registration location

1. MEDICAL RELEASE REQUIRED FOR STUDENT DELEGATES

No student will be allowed to remain and participate in the workshop program unless we have a completed medical form on file.

2. DELEGATES WITH MEDICAL PROBLEMS/TAKING MEDICATION

Any student delegate taking medication should inform the appropriate dean of men/women upon arrival. Any delegate who sleep-walks should also notify the deans. Since some of our activities are physical in nature, any delegate who feels he/she should not participate in an activity should discuss your physical situation with your council sponsor or the appropriate dean.

3. ALCOHOL OR DRUG USE

The possession or consumption of alcoholic beverages or non-prescribed and/or illegal drugs is NOT PERMITTED at the workshop. We could destroy any future workshops if anyone is so immature that he/she would drink or use drugs during the week. We do not expect this to occur. However, we do want to be clear as to our policy because of the seriousness of this issue. **The Workshop Committee reserves the right to exclude any delegate from further participation in the workshop for violation of this policy. NCASC is obligated to notify campus security and local law enforcement for violations of civil or criminal statutes.**

4. APPROPRIATE DRESS

Adhere to your school dress code. If it is inappropriate for school, it is inappropriate for the workshop. We do feel that part of our purpose is to teach student leaders what is appropriate dress for various occasions. We trust that good taste and judgment will prevail. The weather is usually very warm. Cool, comfortable (but decent) clothing is appropriate. Males must wear t-shirts or polo-style shirts (no tank tops) and females must wear full tops at all times. All delegates must wear shoes at all times. Simply put, clothing should not be too tight, too loose, too revealing, or distracting.

Wear comfortable, close-toed shoes. Sandals are NOT GOOD for the workshop.

Do wear a wrist-watch. Buy a cheap one if you don't have one. There will be times when CELL PHONES are PROHIBITED and you will need to know the time.

5. RESPECT – ATTITUDE – ETIQUETTE – i.e., CHARACTER COUNTS!

Delegates are expected to have and show respect for others, to have and display a positive attitude, and to speak and act in a manner expected of leaders. Appropriate humor is acceptable. Sexual innuendos, vulgar language/behavior, bullying and harassment are hurtful and will not be tolerated. The **Humor Triangle for Leaders** will be taught and practiced at the workshop.

Advisers are requested to address acceptable dress and behavior with their student delegates before arriving at Mars Hill.

6. ITEMS THAT SHOULD NOT BE BROUGHT TO THE WORKSHOP

Do not bring valuables!!! NCASC nor Mars Hill University will assume responsibility for lost or stolen items.

7. SUBSTITUTES

If for some reason you should find that you will be unable to attend the workshop, a substitute may attend in your place...provided the substitute is of the same sex. We will be unable to accept substitutes of another sex from that of the original delegate. Since we are limited to the number of rooms available for males and females, we really need your cooperation on this should a substitution become necessary. PLEASE BE CERTAIN THAT THE SUBSTITUTE RECEIVES THIS INFORMATION PACKET PRIOR TO THE WORKSHOP.



8. PACKING TIPS FOR STUDENTS

Student delegates should NOT pack together. Students from the same school WILL NOT room together in order that they can meet new people.

9. BRING YOUR OWN --- TOWELS and SHEETS (and a blanket...it can get chilly in the dorms)

In order to keep the registration fee as low as possible, all delegates (adult and student) must provide their own sheets, towels, and washcloths.

The beds are single bunk bed size. A pillow and blanket will be provided, HOWEVER, you may want to bring your own pillow and blanket for comfort.

10. EMERGENCY TELEPHONE NUMBERS/WORKSHOP ADDRESS

In the event that you should need to be contacted (emergencies only, please) the telephone numbers at Mars Hill are:

8:30 am - 4:00 pm	828-689-1167 (This is Conferences & Events telephone number)
After 4:00 pm	828-689-1230 (This is the Mars Hill Campus Security number)
Night Emergencies Only	704-798-7270 or 704-798-2827

The calling party should ask for Colby Cochran or Elliott Mathis with the NCASC Workshop. Messages will be taken and return calls made as soon as possible.

In the event that you should need to receive mail during the workshop, the address is:

YOUR NAME
NCASC Workshop ~ Conference and Events
100 Athletic Street
Mars Hill University
Mars Hill, North Carolina 28754

11. STUDENTS WHO MUST DRIVE TO THE WORKSHOP

Students who must drive to the workshop must park their cars at the dorm and are not to use them during the workshop. Keys of all student-driven cars MUST be given to the appropriate dean until the completion of the workshop.

12. ATTENDANCE AT SESSIONS

All student delegates are to attend all scheduled activities and must remain for the entire workshop.

If you become ill, you must tell a staff member.

13. CELL PHONES

- Cell phone use is limited at the workshop.
- **There will be many times throughout the workshop when your cell phone MUST be left in your room. Period.**
- There will be other times when cell phones **MUST** be turned **OFF**.
- There will be other times when cell phone use is permitted.

Be prepared to cooperate so you will be able to fully appreciate the workshop experience.

Workshop is a people-to-people experience! You must disconnect to connect.

REGISTRATION IS MONDAY, JULY 8 from 2:00 – 4:00 p.m.

We will not be set-up for registration until 2:00 p.m.

Upon your arrival at Mars Hill University, you should come to the **Broyhill Chapel**.

One student representing the school delegation will come inside to register the entire delegation. Room assignments, nametags, workbooks, and t-shirts will be distributed at that time.

We ask that you plan your travel in order to arrive at Mars Hill between the hours of 2:00 p.m. through 4:00 p.m.

Registration covers your meals beginning with Monday evening dinner through Friday morning breakfast.

Directions to Mars Hill University

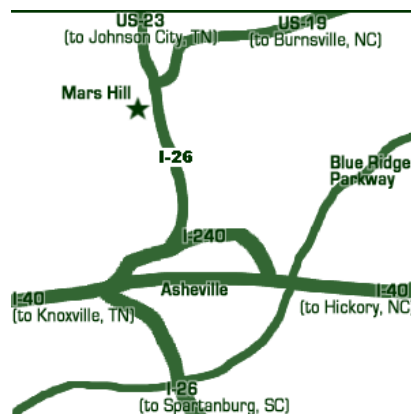
GPS - Mars Hill University 100 Athletic Street Mars Hill, NC 28754

From Asheville, North Carolina

- From I-240, take exit 4A onto US 19-23 North.
- Drive approximately 17 miles on US 19-23 North.
- From US 19-23, take exit 11.
- At the end of the exit ramp, turn left on NC 213 and drive approximately 1 mile up the hill into downtown Mars Hill and the university.
- Continue straight through the light at the intersection of NC 213 and Main Street.

After you arrive in Mars Hill:

- You will pass the Moore Auditorium (on the left).
- At the bottom of the hill, **Broyhill Chapel** will be on the left.
- You will see Council Flags along the sidewalk across from Broyhill Chapel.
- Turn left onto Park Drive and then turn left into the parking lot below Broyhill Chapel.
- Junior Counselors will be there to direct you to the Registration area.



THINGS TO BRING LIST ---

Check these items off when you pack so you don't forget them!

All students and advisers will be housed in air-conditioned dorms.

Therefore, bring a sweater, jacket or blanket if you are cold-natured!

Dorms are on the hill behind the Dining Hall or behind the auditorium.

Turner Dorm will house **male student delegates** (hill behind cafeteria).

Brown Dorm will house **advisors** (hill behind cafeteria).

Lunsford Dorm will house **female student delegates** (behind auditorium).

Laurel Dorm may be used to house student delegates (hill behind cafeteria).

These items are NECESSARY:

1. **Two sheets** for a single bed/bunk bed. You may want to bring your own pillow and blanket for comfort even though a pillow and blanket will be provided.
2. **Towels and wash clothes** Bring as many as you think you will need.
4. **Tennis shoes or close-toed shoes** They will be needed for some activities in the gym.
Flip-flops and sandals are not appropriate at the workshop.
5. **Good, comfortable (non-sandal) shoes** You will do a lot of walking...up and down hills.
6. **Personal articles** (i.e., soap, shower shoes, toothpaste/toothbrush, shaving supplies, etc.)
7. **Spending money** You will need change for drink machines.
8. **SPECIAL ATTIRE: Coat / tie / dress shirt for gentlemen; Sunday dress for ladies**
For the banquet on Thursday evening.
9. **Back Pack** You'll get a notebook, lots of paper and materials. A backpack may come in handy.

These items are OPTIONAL:

1. **Raincoat or umbrella** There can be frequent, unexpected mountain showers!
2. **Musical instruments** They may be helpful to your group during our Thursday evening program.
3. **Laptop** It may be helpful at times in your council meeting.

2019 SPECIAL INFORMATION FOR ADVISORS

Revised June 2019

RENEWAL CEU CREDIT AVAILABLE

The workshop has been approved for 2.5 renewal credits for teachers! You may need to obtain PRIOR APPROVAL from your school system. We will review the requirements and logistics during the first advisor's session on Monday evening. Here is the information you may need for prior approval:

North Carolina Association of Student Councils

Staff Development Provider #: 583

Activity Title: *Student Activity Advisor Training Workshop*

Reference #: 940625401

5 1/2 hours --- Instructional Time

22 1/2 hours --- Laboratory Time

Approved for 2.5 renewal units

APPROPRIATE DRESS AND BEHAVIOR

Please note items 4 and 5 on the General Information sheet (next page) and discuss them with your students before you arrive at the workshop. In the real world most people do not get or lose their jobs because they lack technical skills, but rather because they dress, talk, behave or act inappropriately. There currently exists a need for many student leaders to learn and model these vital "soft skills." Historically this workshop has attempted to help them to do that. We request that you assist us in our efforts.

ADVISOR PROGRAM

We invite you to participate fully in the entire Workshop program...and especially the sessions for advisors. We need your involvement. Students need to see that you are interested in learning and working together, too! We will have an advisor's get-together and refreshments each evening in the advisor's dorm. ***Please join us!*** You will get out of the workshop what you put into it! We will have three great, experienced advisors working with the Advisors Council, Teri Rasa, Lisa Hansen, and Henry Foust.

ACADEMY AWARDS ACTIVITY

On Wednesday evening (6:00-8:00 pm) we will have an outdoor activity (weather permitting) that advisors will assist JCs to facilitate small groups of 6-7 students. If you can **bring a folding canvas chair** you'll be more comfortable. Students will sit on the sidewalk or grass.

WORKSHOP POST OFFICE

During the workshop, delegates make "mail bags" to facilitate the exchange of appreciations, recognitions, thank-you notes. Delegates really seem to "treasure" the notes, gum, candy, etc. given to them by their new friends at workshop. Many advisors use this opportunity to say "thanks" to the students with whom they will work during the coming year. Knowing that this opportunity will exist, we thought you might want to bring something special for your delegates to put in their "mailbox" – note cards, stickers, etc. Mailboxes will be made Tuesday morning and the Post Office will "open" in the upstairs lobby of the Moore Auditorium building on Tuesday afternoon.

ADVISOR SUPPLIES

Advisors who have participated before have found that a small supply box of materials may be helpful (scissors, tape, rulers, magic markers, glue, etc.) when preparing advisor table decorations for the banquet.

COUNCIL SCRAPBOOKS

Please bring your council's scrapbook if you have one and share it with other advisors in the dorm. Everyone needs new ideas and you may just have the "new" twist to an old idea!

***Again, thanks for providing this opportunity for your student leaders.
We hope the week at Mars Hill will help you in 2019-2020!***

North Carolina Association of Student Councils 2019 Workshop Schedule

This is an outline of the workshop schedule. The leadership curriculum is integrated throughout in large and small group sessions. Workshop sessions are facilitated and supervised by trained student and adult staff at all times.

SATURDAY JULY 6, 2019

2:00 - 11:00 JC Orientation / Training

SUNDAY JULY 7, 2019

2:00 - 11:00 Full Staff Meetings

MONDAY JULY 8, 2019

7:30 - 12:00 Staff Breakfast / Meetings
 12:00 - 1:00 Staff Lunch
 2:00 - 4:00 Registration
 4:00 - 4:30 Free Time / Unpack
 4:30 - 5:15 Dinner
 5:25 - 7:15 Opening General Session
 7:30 - 9:15 Council Meeting 1
 9:25 - 10:00 General Session 2
 10:15 - 10:30 Dorm Meetings
 10:30 - 11:00 Roundtables
 11:30 Lights Out

TUESDAY JULY 9, 2019

7:00 Staff Breakfast / Meeting
 7:30 - 8:15 Breakfast
 8:25 - 10:00 General Session 3
 10:15 - 12:00 Council Meeting 2
 12:00 - 1:00 Lunch
 1:00 - 2:15 Council Meeting 3
 2:30 - 3:15 SkillShop 1
 3:30 - 4:15 SkillShop 2
 4:15 - 5:00 Committee Meetings /
 Quiet Time
 5:00 - 6:00 Dinner / Free Time
 6:15 - 8:00 Boundary Breaking
 8:15 - 8:30 Delegate / Adviser Meeting
 8:30 - 10:00 Folk Dance
 10:45 - 11:00 Roundtables
 11:30 Lights Out

WEDNESDAY JULY 10, 2019

7:00 Staff Breakfast / Meeting
 7:30 - 8:15 Breakfast
 8:25 - 9:30 Council Meeting 4
 9:45 - 10:45 General Session 4
 11:00 - 12:00 Council Meeting 5
 12:00 - 1:00 Lunch
 1:00 - 2:30 Council Meeting 6
 2:45 - 3:30 Building a Legacy
 3:45 - 4:30 SkillShop 3
 4:30 - 5:00 Quiet Time
 5:00 - 6:00 Dinner
 6:15 - 8:00 Academy Awards /
 FTF ITI
 8:15 - 10:00 Olympics
 10:45 - 11:00 Roundtables
 11:30 Lights Out

THURSDAY JULY 11, 2019

7:00 Staff Breakfast / Meeting
 7:30 - 8:15 Breakfast
 8:25 - 10:00 General Session 5
 10:15 - 12:00 Council Meeting 7
 12:00 - 1:00 Lunch
 1:00 - 5:30 Council Meeting 8
 6:00 - 7:15 Banquet
 8:00 - 10:15 Reflections for the Future
 10:30 - 11:15 Candlelight Closing
 11:30 - 11:45 Roundtables
 12:15 Lights Out

FRIDAY JULY 12, 2019

7:00 Staff Breakfast / Meeting
 7:15 - 8:00 Breakfast
 8:00 - 8:45 Pack for Home / Clean Rooms
 9:00 - 9:45 Council Meeting 9
 10:00 - 12:00 Closing General Session